Rising Suicide Rates in India
John Adarsh Roy¹, Rohit Radhakrishnan²
B.K.Birla College of Arts, Science and Commerce, Kalyan, India

Abstract:
Suicidal rates in India have been on the incline since the last few decades. According to the World Health Organization, India ranks 19th in the top suicidal countries with China, Russia, United States, Japan and South Korea in the world. The suicide rate in India is 16.4 per 100,000 for women (6th highest) and 25.8 for men (ranking 22nd). This trend is seen both the age groups of 15-29 years and 15-39 years and requires a greater amount of awareness among the people about the causes, effects and steps that can be taken to reduce the number of suicides.

I. INTRODUCTION
The number of suicides in India had increased to 230,314 in 2016. The main causes for suicide in India are relationship failures, family problems, illness, unemployment, bad financial condition, drug abuse/addiction, etc. Primary methods of suicide in India with its percentage are as follows poisoning (33%), hanging (26%) and self immolation (9%) in 2012. About 46,000 suicides occurred each in the age group of 15-29 and 30-44 in 2012. On average, suicide rate of male is more as compared to females. The main reason behind men committing suicide is due to social and economic reasons and in women’s case is personal and emotional cause. Worldwide, Indian women ranks 4th for committing suicide and men stand 46th.

II. METHODOLOGY
While in search of random helpline numbers we came across to know about some helpline centers

AASRA:
It is suicide prevention NGO.
They have mentioned that this NGO’s helpline number is available 24x7.

The displayed number in the website- 9820466726

Connecting NGO:
It is a listening service that works to support people who feels suicidal.
They have mentioned that this NGO helpline number is available from 12pm to 8pm
The displayed number in the website- 9922004305
Samaritans:
It is a non-governmental organization. They have mentioned that this NGO helpline number is available 24x7. The displayed number in the website-8422984528

Roshni:
It is a non-governmental organization. They have mentioned that this NGO helpline number is available from 11am to 9pm. The displayed number in the website- +914066202000

III. RESULT

AASRA:
To check whether the given number mentioned was valid or not, we tried calling the available number, they answered the call and they were good natured and affable.

Connecting NGO:
While checking the available number they mentioned they answered the call but was a late pick. They had a kind and pleasant conversation with us.

Samaritans:
To check whether the given number mentioned was valid or not, we tried calling the available number, they answered the call and they were affable too.

Roshni:
After connecting the available number of ROSHNI, we came to know that this too is a valid helpline number and they had a serviceable and favorable communication with us.

IV. CONCLUSION

At the present time the available numbers in the internet are feasible for people to use and these NGO’s are really interactive. AASRA and Samaritans were the only NGOs which are available 24x7 according to our random search for calls on internet for suicidal helpline. Now-a-days NGOs are crowning achievement by being active on their NGOs and are showing an act of grace by lowering the rise of suicidal thoughts

V. REFERENCE

[1]. www.wikipedia.org